

Music Care Training

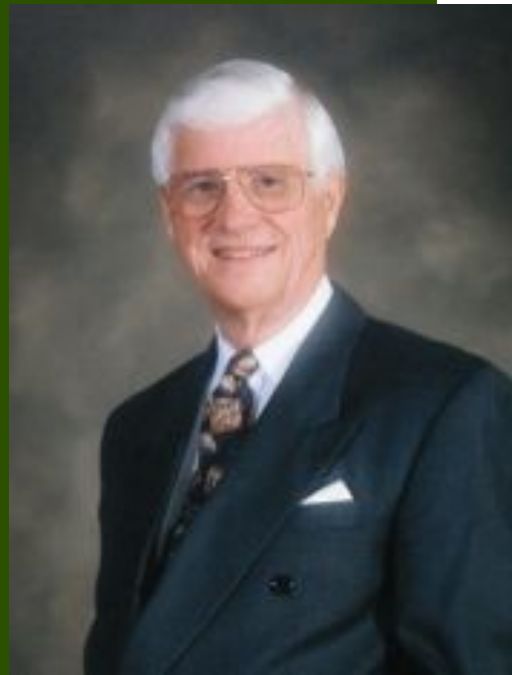
Presented by
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CNAL - Thursday,
October 19, 2017



Outline

- What is Room 217? What is music care?
- Educational model
- Music Care Training
 - learning demographics, goals, design and content, methodology, instructors, delivery, results, next steps
- Q & A



Music Care Resources

Offering hope and comfort by producing and delivering therapeutic music products



Music Care Education

Providing skills & training for integrating music into care

Speakers and Performers
Monday November 6, 2017



Dr. Coren Thaut
Co-founder, Music
Neurologic Music
Training Professor,
University of Toronto
Music and Health
Research
Collaboratory



Julian West
Oboist, Director of
Participatory Arts,
Royal Academy of
Music, London
England, Resonance,
Wellcome Trust for
Dementia Care



Sean McCann
Canadian singer/
songwriter, Founding
member Great Big Sea



Jennifer Buchanan
Founder and
President JB Music
Therapy, Calgary, Past
President Canadian
Association of Music
Therapy



Nadia Chana
Singer, Teacher,
Clinician,
Ethnomusicologist

Music Care
CONFERENCES


Room 217 eNews


Music Care:
Musical Approaches
in Caring Communities



A Practical Resource Guide


Room 217
Foundation

Rev Feiler
Founder, Room 217 Foundation

Music Care
TRAINING

Music Care
WEBINARS

Music Care
SPEAKERS

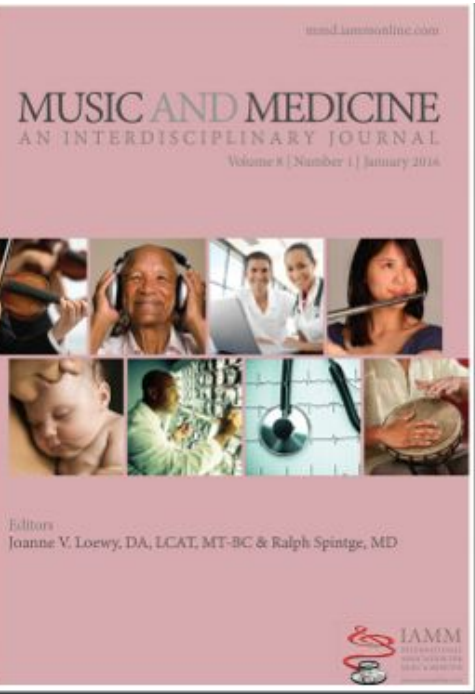
Music Care Research

Exploring themes and issues of music and care in applied settings and within partnerships

- Revera + – Understanding Music Care in Canadian LTC (*Music and Medicine*, Feb, 2016)
- Bridgepoint Health – Optimizing music in complex rehabilitation and continuing care (*Music and Medicine*, Aug 2016)
- Room 217 – 10 Domains of Music Care (*Music and Medicine*, Oct 2016)
- DeSouza Institute – nurses' understanding of music in care (pending publication in 2017)

Agenda:

- 2017/2019 – developing an integrated model of music care in LTC that would be transferrable
- Quantitative – impact of R217 music on agitation in persons who are dying (awaiting funding)
- 3rd party – University of Nottingham UK; Florida Atlantic University FL



Consulting/Coaching

Making meaningful changes in care settings by integrating music



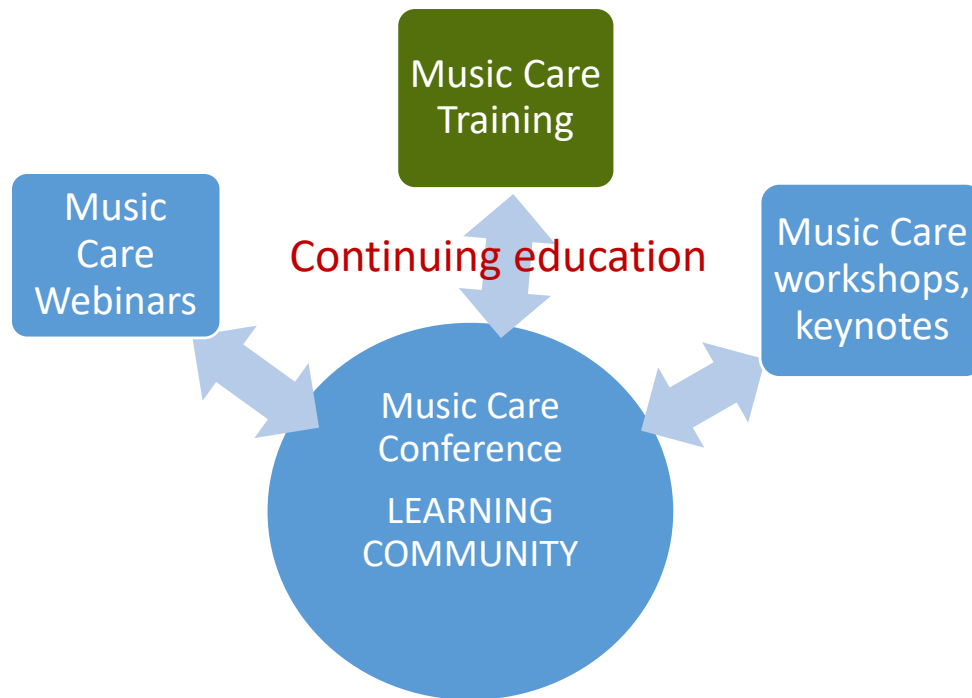
Music Care
Partners

What is music care?

- Music care is an approach that believes all of us can use music for health and well-being in our own lives and in those we care for.
- Music care is comprised of informed and intentional music implementation and music integration throughout care delivery in any setting.



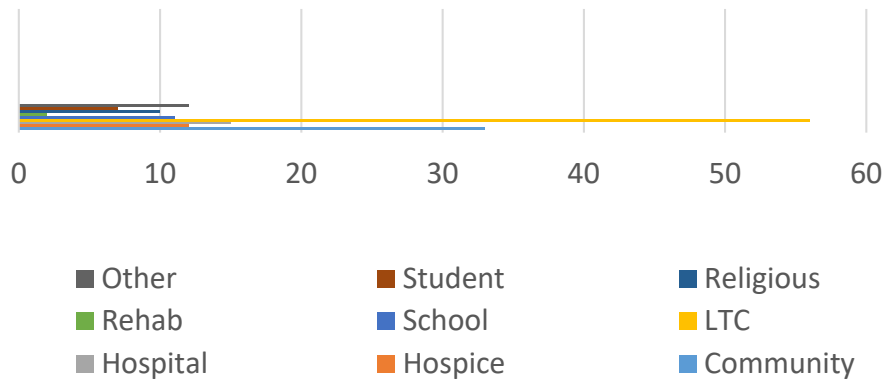
Educational model



Music Care Training

- Goal: to help caregivers integrate music into their regular scope of practice
- Variety of care sectors represented

Caregiver Context



Learner demographics



Volunteer with Seniors • Physiotherapist • Activity Director • Music Therapist • Therapeutic Services Manager • School Music Teacher • Executive Director • Community Life Coordinator • Administrative Assistant • Hospice Grief Manager • Professional Musician • Radiation Therapist • Hospice Volunteer • Day Program Manager • Day Program Assistant • Music Care Consultant • Music Support for Special Needs Adults • Hospital Volunteer • Recreation Therapist • Nurse • Personal Support Worker • Health Care Aid • Chaplain • Therapy Assistant • Licensed Professional Nurse • Occupational Therapist • Home Care Case Coordinator • Therapeutic Artist • Songwriter • Program Assistant • Music Instructor • Educator • Researcher • Minister • Group Home Support Worker • Pharmacist • Audiologist • Retired Principal • Social Worker

Learning goals

3 levels –
52 hours of training

The logo for Music Care Training features the words "Music Care" in a cursive script, underlined, with the word "TRAINING" in a sans-serif font below it.

Music Care
TRAINING

- ✓ Develop understanding of music care approach, musical elements, and an evidence base for using music in care
- ✓ Gain tools and strategies to use music more freely and intentionally in professional and personal life
- ✓ Create an individualized music care initiative for care context

Methodology, Design, & Content

Certificate of
Completion
after each Level

Level 1 – Fundamentals of Music Care: Theory and Context

MC approach, 10 Domains of MC Delivery, Entrainment, Voice,
10 Strategies, Rhythm, Melody, Timbre, MCI plan

2 days, 14 hours



Teach



Elements



Reflect



Experience



Strategize



Coda



Notes



Methodology, Design, & Content

- Level 2 – Caring for the Whole Person with Music

Circle of care, 10 effects across human domains i.e. pain, mood, grief, attention, creativity etc., Harmony, Texture, Form, MCI

2 days, 14 hours



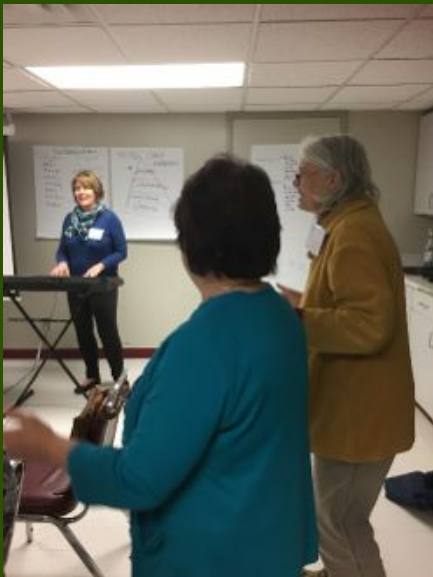
Watch



Circle of Care



Effects



Methodology, Design, & Content

Level 3 – Becoming Music Care Advocates

10 tools for advocacy, MCI demonstration
mentorship – online over 6 weeks,
1 day intensive, assignments



Assign



Write

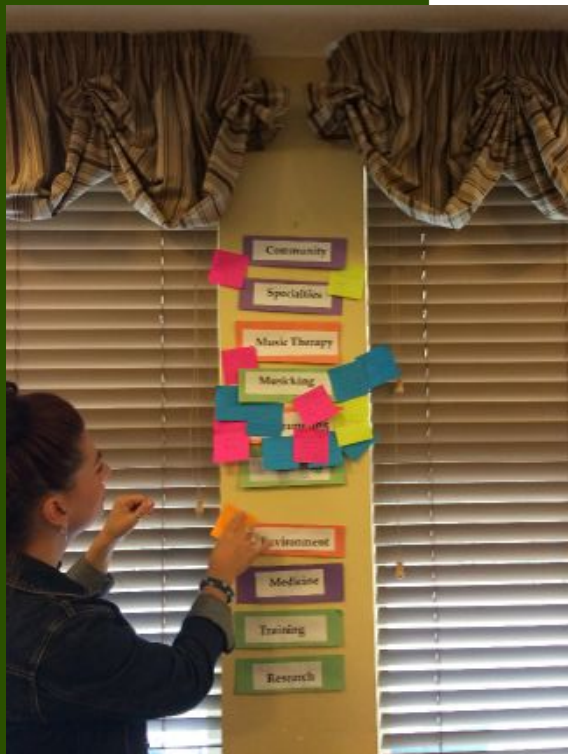


Tool



Learn

Instructors



Music educators – 2

Music therapists – 3

Music & Health - 1

Educator – 1

**2 – L3 grads have become instructors

Delivery



- Hub
- Exclusive
- 19 cities in 7 provinces since 2014
- 708 Level 1 (max 24)
- 102 Level 2 (max 24)
- 38 Level 3 (max 10)

Next Steps

- Program review – KPIs
- International training in UK
- Post Level 3 concept i.e. collective
- French language offering



Q & A

